

DOB: 27/11/1966 www.cotrufo.it

EDUCATION:

1994 *Laurea* in Psychology, University of Padua, Italy;

1994-1998 Ph.D. *Behavioral Sciences*, Second University of Naples/Department of Psychiatry;

1996 Postdoctoral Course of Instruction on Eating Disorders, Albert Einstein College of Medicine & Montefiore Medical Centre, New York City (NY);

1998-1999 Post Doctoral Fellow, Dept. of Psychiatry, Second Univ. of Naples (I);

1998-2006 Psychoanalytical Training at the Italian Psychoanalytical Society, component of the International Psychoanalytical Association (IPA).

POSITIONS HELD:

1994-2000 Psychotherapist and counselor at the Psychiatric Hospital, Second University of Naples;

1997-2000 Honorary Judge, Youth Tribunal of Naples;

2000-2010 Assistant Professor, Department of Psychology, Second University of Naples;

2002-present Director of the Observatory on Eating Disorders, Department of Psychology, Second University of Naples;

2008-present Secretary of the Centre of Psychoanalysis in Naples, Italy;

2010-present Associate Professor of Clinical Psychology, Department of Psychology, Second University of Naples.

2012-present Director of the Postgraduate Master Course: "Clinic of the Body: Eating Disorders, Psychosomatics, Self Harm Behaviors", Department of Psychology, Second University of Naples;

2013-present President of the Centre of Psychoanalysis in Naples, Italy.

RESEARCH INTERESTS (keywords):

Eating disorders, Anorexia and Bulimia risk factors, Epidemiology, Body/mind relationship, Psychosomatics, Reverse anorexia, Personality Disorders, Psychoanalysis, Health and Clinical psychology, Preventive intervention, Body Modifications.

RESEARCH STUDIES:

1994-1998 Eating Disorders Epidemiology considering different level of illness severity;

1996-2000 Natural outcome of sub-clinical eating disorders: a 4 years follow-up study;

1998-1999 Psychopathological link between eating disorders and obsessive-compulsive disorder;

1998-2000 Psychopathological pattern of binge eating disorder;

1998-2000 Neuropsychological aspects of anorexia and bulimia;

2000-2002 Drug abuse and personality disorders;

- 2001-2003 Personality and anger expression in neoplastic patients;
- 2002-2004 Italian history of psychoanalysis: Marco Levi Bianchini;
- 2002-2005 Anorexia and feminine sexuality;
- 2003-2007 Pubertal body transformation and eating disorders onset;
- 2004-2006 Alexithymia and panic disorder;
- 2005-2007 A new theoretical model for the human body;
- 2003-2008 Anger expression, alexithymia and negative life events in the onset of cancer;
- 2006-2009 Reverse anorexia in a wide sample of body-builders;
- 2006-2009 Anger in the mother/obese child relationship;
- 2007-2009 Psychological assessment of a wide sample of children affected by type 1 diabetes;
- 2008-2011 Epidemiology of eating disorders in a sample of homosexuals, heterosexuals and transsexuals.
- 2009-2012 Body image in samples of anorexic patients, competitive body builders, hyper-tattooed and pierced subjects and plastic surgery addicted.
- 2010-present Body image and self-injurious behaviors in a sample of Emo and Cosplay adolescents.
- 2010-2012 Parental bonding, ineffectiveness, self-esteem and body image as Eating Disorders risk factors.
- 2011-present Body image in adolescence: a comparison between second generation African, Asian and East European immigrants.
- 2011-present Self-harm in adolescence: an epidemiological study in a wide sample of natural adolescents.
- 2012-present Body image fluctuation along pregnancy.
- 2012-present Obesity in a wide samples of children: Epidemiology, eating behaviors and parental bonding.
- 2013-present Sex roles and drive for muscularity.

FUNDINGS:

- 2000 "Bulimia Nervosa: Clinical, biological and psychological aspects" Health Minister Department, Co_PI, ME 335,00 (Euro 173.013,00).
- 2002 "Drug Addiction: psychological and socio-demographic assessment" Cabinet of Ministers, Euro 10.000.
- 2006 "Continuum: Prevention of Eating Disorders", Scientific Director, Campania region funds, PI, Euro 146.360,00.
- 2001-2013 Competitive internal SUN funding, PI, in the range of Euro 600 to 1600 per year, for all of the 10 years, to conduct small novel research studies.

TEACHING/EDUCATION:

Classes taught

Course leader (Second University of Naples, Faculty of Psychology, 2000-present)

Undergraduate course: "Clinical Psychology", Autumn semester, Dept. of Psychology.

II level degree course "General and developmental Psychopathology", Spring semester Dept. of Psychology.

II level degree course "Clinical Psychology", Spring semester Dept. of Psychology.

II level degree course "Psychotherapeutic modeling", Autumn semester Dept. of Psychology.

Course leader (Second University of Naples, Faculty of Medicine)

Postgraduate course: "Clinical Psychology", (2007-2009), School of specialization in Thoracic Surgery, Second University of Naples.

Course leader (Second University of Naples, Faculty of Medicine)

Postgraduate course: "Clinical Psychology", (2007-2009), School of specialization in Cardiovascular Surgery, Second University of Naples.

Course leader (Second University of Naples, Faculty of Medicine)

Postgraduate course: "Clinical Psychology", (2009-present), School of specialization in Neurology, Second University of Naples.

Course leader (Specialization School of Familiar Psychotherapy – Ecopsys)

Postgraduate course: "Psychoanalytical Theory", (2006-present).

Course leader (Specialization School of Systemic and Relational Psychotherapy – IMePS)

Postgraduate course: "Psychoanalytical Psychopathology", (2006-2010).

Undergraduate and graduate student advisor

Tutor of over 200 students for their undergraduate degree project.

Advisor to 15 stagiest of the Italian Board of Psychologists.

Advisor to PhD students, Graduate Degree Program in "Parenthood Processes", Department of Psychology, Second University of Naples.

Advisor to PhD students, Graduate Degree Program in "Sciences of Mind", Department of Psychology, Second University of Naples.

Faculty Committees

Committee for the Orientation of incoming, enrolled and outgoing students (Chair of Departmental Committee and Faculty delegate for the University Committee).

Scientific Committees Member of post graduate Master of Specialization in "Psychodiagnosys".

Committee for the Eligibility in the Board of Psychologists, Campania Region.

PROFESSIONAL SERVICES:

Therapist

Supervisor, counselor and individual and group psychotherapist at the Observatory on Eating Disorders, Department of Psychology, Second University of Naples.

Licensed Psychotherapist and Psychoanalyst, private practice.

Editorial Board Member - Journals

Edorium Journal of Psychology

Reviewer - Journals

International Journal of Eating Disorders
Journal of Epidemiology
Journal of Adolescence
International Journal of Prevention and Treatment
Acta Psychiatrica Scandinavica
International Journal of Food Science and Nutrition Engineering
Foxwell & Davies Edt.
International Journal of Psychology and Behavioral Sciences
Psichiatria & Psicoterapia
International Journal of Clinical Psychiatry
Advances in Life Sciences

Reviewer - funding

2004 CIVR

2008 PRIN

2009 PRIN

2010 FIRB

MEMBERSHIP IN PROFESSIONAL SOCIETIES:

Italian Board of Psychologists

Italian Board of Psychotherapists

Italian Psychoanalytical Society (Associate member)

International Psychoanalytical Association (Member)

Academy of Eating Disorders (Member)